



THE GRANGE NURSING HOME

Weekly Menu - Week 1

Spring Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereals Toast & Preserves Crumpets/Scotch Pancakes Porridge Yoghurt Fresh Fruit	Choice of Cereals Toast & Preserves Crumpets/Scotch Pancakes Porridge Yoghurt Fresh Fruit	Choice of Cereals Toast & Preserves Crumpets/Scotch Pancakes Porridge Yoghurt Fresh Fruit	Choice of Cereals Toast & Preserves Crumpets/Scotch Pancakes Porridge Yoghurt Fresh Fruit	Choice of Cereals Toast & Preserves Crumpets/Scotch Pancakes Porridge Yoghurt Fresh Fruit	Choice of Cereals Toast & Preserves Crumpets/Scotch Pancakes Porridge Yoghurt Fresh Fruit	Choice of Cereals Toast & Preserves Crumpets/Scotch Pancakes Porridge Yoghurt Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Cobbler	Quiche Lorraine	Minced Beef	Gammon & Pineapple	Fish in Sauce	Diced Pork	Roast Lamb & Mint Sauce
Creamed Potato Runner Beans Mixed Veg. ***** Fruit Flan & Custard	Creamed Potato Chopped Tomatoes Cabbage ***** Treacle Sponge & Custard	Cabbage Carrots ***** Bakewell Tart & Custard	Creamed Potato Cauliflower in Sauce Mixed Veg. ***** Fruit Crumble & Custard	Creamed or chipped Potato Carrots Peas ***** Lemon Meringue Pie & Cream	Creamed Potato Mixed Veg. Broccoli ***** Fruit & Cream	Creamed or Roast Potato Cauliflower Brussel Sprouts ***** Apple & Blacberry Pie & Custard
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Macaroni Cheese	Meat & Potato Pie	Sausage Casserole	Cauliflower Cheese	Oven Omelette	Oven Omelette	Corned Beef Hash
Selection of Sandwiches ***** Jelly Home Made Cakes Fruit	Selection of Sandwiches ***** Blancmange Home Made Cakes Fruit	Selection of Sandwiches ***** Milk Jelly Home Made Cakes Fruit	Selection of Sandwiches ***** Creamy Desert Home Made Cakes Fruit	Selection of Sandwiches ***** Fruit Jelly Cakes Fruit	Selection of Sandwiches ***** Angel Delight Home Made Cakes Fruit	Selection of Sandwiches ***** Trifle Home Made Cakes Fruit